4th Annual Samish Bay

# Low Tide Mud Run!

## 2:03 PM, July 29, 2006

Taylor Shellfish Farms, 2182 Chuckanut Drive, Bow, WA

### 250 Yards Men/Women

Trophies & Prizes.
Shoes required.
$10 Entry by 7/24
includes free
**Bivalve Bash** entry.

### Kid's Mud Run

100 yards. 1:15 PM
8-12 years. Kids run free if registered by July 24. Limited to 100 entrants.

### Strenuous. Top fitness only.

**"Yard for yard, the Northwest's toughest foot race."**

### Limited to first 200 Entrants.

Clean-up hoses provided. Change of clothes recommended.
The Mud Run is held as part of the

Samish Bay Bivalve Bash, a benefit for the clean water awareness programs of the Skagit Conservation Education Alliance.

**Invite family and friends to join in the fun.**

**Sorry, No Pets.**

Taylor Shellfish Farms

For entry form and information visit
**www.BivalveBash.com**

SCEA SKAGIT CONSERVATION EDUCATION ALLIANCE